



Chartwells School Dining Services at Reese Elementary LUNCH Menu for OCTOBER 2019

Student lunch \$2.50 Reduced price \$0.40 Adult price \$3.75

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk.
Milk choices include 1% white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
30-Sep Macaroni & Cheese WG Dinner Roll Seasoned Broccoli Florets Lettuce & Spinach Salad Broccoli Ranch Salad Fresh Apple Pineapple Tidbits	1-Oct Meat & Cheese Nachos w/Refried Beans Lettuce & Tomato Confetti Coleslaw Sliced Cucumbers Fresh Pear Diced Peaches	2 Philly Beef Steak w/ Cheddar Cheese Mixed Vegetables Lettuce & Spinach Salad Pea Salad Petite Banana Diced Pears	3 Whole Grain French Toast w/Turkey Sausage Tator Tots Lettuce & Romaine Salad Fresh Baby Carrots Fresh Orange Wedges Cinnamon Applesauce	4 Southern Style Pulled Pork Sandwich w/Corn Seasoned Potato Wedges Spinach Romaine Salad Fresh Celery Sticks Red Seedless Grapes Tropical Fruit
7 Cheese Stuffed Bosco Sticks w/Marinara Sauce Seasoned Green Beans Lettuce & Romaine Salad Confetti Coleslaw Fresh Apples Mixed Fruit Cocktail	8 Beef Taco Supreme Baked Beans Shredded Iceberg Green Peppers & Salsa Diced Tomatoes Fresh Pear Pineapple Tidbits	9 Pizza Burger Baked French Fries Steamed Peas Romaine & Spinach Salad Marinated Cucumbers Petite Banana Diced Pears	10 Popcorn Chicken, Mashed Potatoes & Corn Gravy & Roll Spinach & Cranberry Salad Celery Sticks Fresh Grapes Chilled Peaches	11 Chicken Fajitas Refried Beans Steamed Carrots Spinach Romaine Salad Fresh Grape Tomatoes Fresh Apple Mixed Fruit
14 Teriyaki Beef Mashed Potatoes Green Beans Spinach Romaine Salad Fresh Apples Diced Pears	15 Meaty Nachos & Cheese w/Refried Beans & Cheese Lettuce & Tomato Green Peppers & Salsa Red Seedless Grapes Pineapple Tidbits	16 BBQ Rib-B-Q Sandwich Baked Crinkle Fries Lettuce & Spinach Salad Confetti Coleslaw Fresh Pear Rosy Applesauce	17 Chicken Pasta Alfredo Garlic Breadstick Broccoli Ranch Salad Spinach & Romaine Salad Petite Banana Diced Peaches	18 Home-style Beef & Bean Chili w/ Minij Biscuit Steamed Garden Peas Spinach Romaine Salad Baby Carrots Fresh Apple
21 Chicken Tenders Potato Smiles Romaine & Spinach Salad Broccoli Ranch Salad Fresh Apples Tropical Fruit	22 Meaty Tacos & Cheese Boston Beans Fresh Romaine Lettuce Grape Tomatoes Orange Wedges Pineapple Tidbits	23 Mini Turkey Corn Dogs Sweet Potato Fries Confetti Coleslaw Fresh Broccoli Florets Petite Banana Rosy Applesauce	24 Grilled Chicken Sandwich Potato Wedges Ceaser Salad Sliced Cucumbers Red Seedless Grapes Mixed Fruit Cocktail	25 Bosco Cheese Sticks Steamed Broccoli Lettuce & Spinach Salad Fresh Grape Tomatoes Red Delicious Apple Tropical Fruit
28 Chicken & Cheese Quesadilla w/ Brown Rice Seasoned Green Beans Confetti Coleslaw Fresh Apples Pineapple Tidbits	29 Meat & Cheese Nachos w/Refried Beans Lettuce & Tomato Broccoli Ranch Salad Fresh Pear Diced Peaches	30 Sloppy Joes & Seasoned Potato Wedges Lettuce & Spinach Salad Sweet Pea Salad Petite Banana Diced Pears	31 Mashed Potato & Chicken Bowl w/ Gravy Corn & Roll Spinach & Romaine Salad Red Seedless Grapes Tropical Fruit	1-Nov Hamburger on WG/ Bun French Fries Romaine & Spinach Salad Baby Carrots Orange Smiles Applesauce
<i>Alternate Entrees offered with daily vegetable and fruit offerings and choice of milk</i>				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Breaded Chicken Patty on a WG Bun	Hot Dog on a WG Bun	WG Chicken Nuggets w/WG Dinner Roll	Cheeseburger WG Bun	Pepperoni Pizza

Questions or Comments?

Please call, Robin Waldie Food Service Director at 989-868-9864 ext. 2225

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